

## Quotes from Video, *Living Well on Hemodialysis*



### **Ron**

“My whole life is better. I care about people; I care about myself.”

### **Dan**

“Having been on dialysis for 2.5 years and doing just wonderfully on it, I can begin to imagine what it would be like to be 50 or 60 years old.”



### **Tracy**

“If you do not make your dialysis treatments, you’re cheating yourself out of a good life.”

### **Bill**

“I’ve had ups and downs. You know you go through periods and the adjustment in particular (is challenging), but I have maintained my full time work status.”



### **Chuck**

“I was a little depressed . . . I think there aren’t too many people that could not start dialysis and be a little depressed.”

### **Bruce**

“I think people handle problems in one of two ways, either you deny it and pay the consequence or accept it and make the best of it.”





**Judy**

“Once I realized that this is what was going to be my life, I decided to learn all that I could about it; become as involved as I could in it; and so I really took it all by storm at that point.”



**Ronnie**

“Before dialysis, I was wreckless. I was hostile. I was angry. I was not a good character. And dialysis kind of made me more humble - and (made me) look at life for what it’s really worth.”



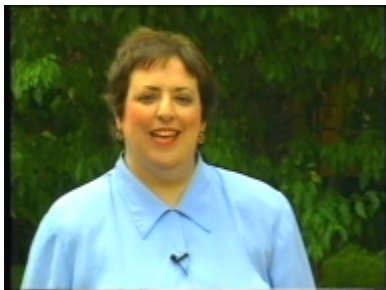
**Jill**

“The whole process of denial is so real. I mean, it’s almost as if you have to go through that.”



**Veronica**

“What do you do when you have lemons? You know, you either have to make lemonade, lemon pie or lemon custard, but make something sweet out of it.”



**Ruth**

“Remember you are the most important person on your hemodialysis team. You know your body better than anyone else. It’s your life; take control of it.”